



# The Spirit Guide

Promoting Mind, Body & Spirit Events  
online and based in the lower North Island

## Welcome to The Spirit Guide

Your connection to holistic wellbeing,  
metaphysics & personal growth

### *Stay connected with our free newsletter & events calendar*

- ✓ Discover workshops, retreats, fairs, readings & more
- ✓ Sign up today to receive our regular free newsletter
- ✓ Explore the calendar online, either by category,  
location or date

### *Event Organisers - Promote your event for free*

- ✓ List online or lower North Island events
- ✓ Be listed in our regular newsletters going out to over  
450 people and growing
- ✓ Be featured in our social media and in our  
newsletters.

### *Follow The Spirit Guide on Facebook & Instagram*

Join us, grow with us, and stay connected:

**The Spirit Guide – [www.thespiritguide.nz](http://www.thespiritguide.nz)**